# Journal of the International AIDS Society



Poster presentation

**Open Access** 

# Induction strategy with enfuvirtide: results from the Fuziona study, a multicenter retrospective study in Spain

M Mora\*<sup>1</sup>, C Navarro<sup>1</sup>, A Gonzalez-Mena<sup>2</sup>, J Rodriguez-Baños<sup>3</sup>, B Clotet<sup>4</sup>, JL Blanco<sup>5</sup>, JR Blanco<sup>6</sup>, JC Lopez-Bernaldo de Quiros<sup>7</sup>, J Hernandez-Quero<sup>8</sup>, P Arazo<sup>9</sup>, J Flores<sup>10</sup> and JR Arribas<sup>1</sup>

Address: <sup>1</sup>Hospital Universitario La Paz, Madrid, Spain, <sup>2</sup>Hospital del Mar, Barcelona, Spain, <sup>3</sup>Hospital Virgen de Macarena, Sevilla, Spain, <sup>4</sup>Hospital Germans Tries i Pujol, Badalona, Spain, <sup>5</sup>Hospital Clinic, Barcelona, Spain, <sup>6</sup>Hospital San Pedro, Logroño, Spain, <sup>7</sup>Hospital Gregorio Marañon, Madrid, Spain, <sup>8</sup>Hospital Clinico San Cecilio, Granada, Spain, <sup>9</sup>Hospital Miguel Servet, Zaragoza, Spain and <sup>10</sup>Hospital Arnau de Vilanova, Lerida, Spain

\* Corresponding author

from Ninth International Congress on Drug Therapy in HIV Infection Glasgow, UK. 9–13 November 2008

Published: 10 November 2008

Journal of the International AIDS Society 2008, 11 (Suppl 1):P64 doi:10.1186/1758-2652-11-S1-P64

This abstract is available from: http://www.jiasociety.org/content/11/S1/P64

© 2008 Mora et al; licensee BioMed Central Ltd.

# Purpose of the study

To assess the therapeutic effectiveness of a strategy of induction with enfuvirtide (T20) within an optimised regimen of antiretroviral drugs (ARV) in patients infected with HIV-1 in routine clinical practice carried out in different hospitals in Spain.

#### **Methods**

We performed a retrospective multicenter study to evaluate efficacy of induction with T20. Induction strategy was defined as use of T20 in a salvage regimen for a limited period of time (without switching to another active drug). We considered "responders" as all patients who had VL <50 before stopping T20. Six months after stopping T20 we considered "rebounders" as all patients who had VL > 50 and "non-rebounders" as those who maintained VL <50. We explored risk factors for virological rebound after stopping T20.

## Summary of results

62 patients included (16 women) from 10 hospitals, mean age 43 years, median time since HIV diagnosis: 16 years. 43% CDC C3. Before starting salvage regimen, median CD4 count was 154 cells and median VL was 4.2 log. Patients had had six previous ARV regimens on average. Genotyping showed M184V in 57.4%, K103N in

34.4%, TAMs in 72.1%, and 41% had at least five PI mutations. Patients received T20 for a median of 9.3 months (1.2–34.3).

Forty-one patients (66.1%) were responders. Of these 41 patients, 37 (90.2%) were non-rebounders. The salvage regimen in non-rebounders contained: TDF and FTC (59%), LPV/r (35%) DRV/r (21.6%), TPV/r (18.9%), SQV/r (10.8%) and ATV/r (one pt), FOS-APV/r (one pt), RAL (8.1%) and MVC (one pt). Rebounders were treated with TDF and FTC (75%), TPV/r (two pts), LPV/r (one pt) and FAM/r (one pt). No significant differences were found.

### Conclusion

In contrast with prior studies, the majority of patients who achieved viral suppression after starting T20 maintained suppression after stopping it. This is probably related to the higher antiviral activity of the background regimen. (Table 1.)

Table I:

	Rebounder n = 4	Non-Rebounder n = 37
Major PI mutations (median)	6	3
DRV or RAL or MVC in the regimen	0 (0%)	7 (19%)
TPV in the regimen	2 (50%)	7 (18,9%)
Total Time on T20 (median, months)	17,8	7

Publish with **Bio Med Central** and every scientist can read your work free of charge

"BioMed Central will be the most significant development for disseminating the results of biomedical research in our lifetime."

Sir Paul Nurse, Cancer Research UK

Your research papers will be:

- $\bullet$  available free of charge to the entire biomedical community
- peer reviewed and published immediately upon acceptance
- cited in PubMed and archived on PubMed Central
- $\bullet$  yours you keep the copyright

Submit your manuscript here: http://www.biomedcentral.com/info/publishing\_adv.asp

